

Research Note

Overview of Resilience: Study on BIDIK-MISI Scholarship Recipient College Students

Amien Wahyudi^{*a}, Siti Partini Suardiman^a

[a] Universitas Ahmad Dahlan

Abstract

This study aims to determine the resilience of BIDIK MISI scholarship recipients. The method used in this research is qualitative method with a case study approach. Respondents were BIDIK MISI scholarship recipients by two students who have criteria (1) Student BIDIK MISI scholarship recipients, (2) have a GPA of $3.50 \pm \geq$ (3) active in student organizations as well as a proven record in the field of scientific work. The data was collected using interviews, informal interviews, and observation. The data obtained in this study later in descriptive. The data is then analyzed, the detailed answer then coded and identified to get the themes in the study. Resilience students receiving the viewfinder can be seen from the aspect of the mission, meaning fullness, Perseverance, patience, self-reliance, and existential aloneness. Students receiving BIDIK MISI was able to detach himself from the family and economic stressors that students are receiving a personal mission view finder that has a clear purpose in life.

Keywords: resilience; bidik misis; students; scholarship; economic stressors

GUIDENA: Jurnal Ilmu Pendidikan, Psikologi, Bimbingan dan Konseling

Website : <https://ojs.fkip.ummetro.ac.id/index.php/bk>

Received: 2018-01-17. Published: 2018-12-30 *Corresponding Email: amien.wahyudi@bk.uad.ac.id



This is an open-access article distributed under the terms of the [Creative Commons Attribution 4.0 International License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium provided the original work is properly cited.

Introduction

BIDIK MISI is tuition assistance for students who are experiencing economic difficulties but have the excellent academic potential to be able to study at universities. With BIDIK MISI scholarship, college who had been impressed by the students are entering severe economic problems that have become irrelevant in the future. Resilience is defined as "defines resilience as the" self-righting tendencies "of the person," both the capacity to be bent without breaking and the size, once turned, to spring back." This definition shows that resilience is the capacity of its people to continue to try and recover from the problems it faces and be okay without breaking the rules (Haktanir et al., 2018).

The opinion of the above can be seen that resilience is skills, abilities, knowledge, and insight in may from time to time as people try to overcome the difficulties and challenges of the future. So what can be concluded that the recipients are individuals who BIDIK MISI ideally can adapt, to survive, must be able to rise even in the face of difficulties that will be faced by the addressee of the mission viewfinder? Some research on resilience has been done, for example, research resiliency conducted. Which examines the adjustment hamlet long-term review of the strength of communities after the earthquake, the study found a positive correlation between the resilience of communities in an area with a level of peace of the people living in the area (Seo & Lim, 2016).

Students were receiving BIDIK MISI based on preliminary interviews, a researcher with some students receiving BIDIK MISI . It is known that family background recipients BIDIK MISI came from

the middle class down to the type of work done by older people, such as farmers, traders in the market, herbalist, and trader snacks. Economic conditions such as this, of course, makes the students receiving the viewfinder mission requires considerable effort to come to the school of higher education. Even rang to ease the burden of parents, students receive the aim of this mission, it is not uncommon to work part-time to alleviate the economic burden of parents. However, even so, the achievements of students BIDIK MISI is not inferior to other students, it can be seen from the GPA of students who reached $\pm \geq 3.50$ (Taufik & lfdil, 2016)

Method

Talking about resilience instudents receiving BIDIK MISI in greater depth, a study is a qualitative research. The qualitative research was chosen for this study were able to explain the phenomena underlying the behavior of an individual. Accepted qualitative research methods, the data obtained will be fuller, more profound, credible, and have meaning to the purpose of the research can be achieved. Respondents were students receiving BIDIK MISI criteria1) students receiving BIDIK MISI , 2) have a GPA above 3.50, 3) active in student organizations, and 4) have a performance in the field of scientific work. The sample was two students receiving BIDIK MISI . The data was collected using interviews, informal interviews, and observation — the data obtained in this study later in descriptive. The data is then analyzed, the detailed answer then coded and identified to get the themes in the study (Newcomb, 2018).

Result and Discussion

Meaningfulness

TheMeaningfulness an awareness that life has the purpose and effort required to achieve these objectives. From interviews are conducted with respondents, Y individual goals for the future are to make family a priority. It can be understood considering that the role of the family, especially his mother and sister, are very dominant in helping individual enterprises to grow. To achieve the goal of making their families more settled and happy, respondents had to define and formulate future goals is a way to learn and try as much as possible. The respondents had positive views as internal motivation for themselves. Respondents have the opinion that if other people can afford it respondent carrying it. This positive outlook can provide the right internal motivation for individuals. This view also makes the individual able to develop better and continue to try to develop their potential to support the ideals of the respondent's vita in the future. For respondents, X destiny of respondents now is to finish the studies being undertaken by optimal. Work done by individuals is to follow the remaining material to complete his studies soon.

Currently, respondents have a GPA of 3.8. The optimal business was a form of an obligation of respondents to the opportunity to continue their studies in higher education through scholarship respondents got BIDIK MISI For respondents X destiny of respondents now is to finish the investigations being undertaken by optimal. Work done by individuals is to follow the remaining material to complete his studies soon. Currently, respondents have a GPA of 3.8. The optimal business was a form of the obligation of respondents to the opportunity to continue their studies in higher education through scholarship respondents got BIDIK MISI For respondents X destiny of respondents now is to finish the investigations being undertaken by optimal. Work done by individuals is to follow the remaining material to complete his studies soon. Currently, respondents have a GPA of 3.8. The optimal business was a form of the obligation of respondents to the opportunity to continue their studies in higher education through scholarships respondents got BIDIK MISI (Vahanvati, 2017).

Perseverance

Perseverance is an individual attitude that could survive in the face of life's difficulties. At least as recipients of BIDIK MISI, Y respondents have limitations in achieving the goal of life in the funding and time limitations. The respondents have a positive attitude and empathy for the failure of individuals other and make the failure of the individual as the subject matter of the respondents. Feeling sad to see the shortcomings of others, especially those that are known to the respondents, could be due to the life experiences of the respondents who are in a situation that is not ideal at the moment. For the reaction of respondents to see success, others can be understood from the words of the interview respondents stated that the respondents are happy with the success of others. For yourself, respondents are the most important are parents happy.

Respondents X, in the lives of the respondents, are the most important thing is to establish relationships with other people, and build family relationships. As social beings, we are very reasonable that people have a desire to develop excellent communication. Respondents who are sociable and have good communication skills. Barriers faced by respondents in solving life's purpose or studies over the dense agenda as a student researcher viewfinder observation mission in respondents often home late from school because respondents have additional duties to keep laboratory counseling. During the study, respondents X from primary school to college always get a scholarship or reduction in carrying out surveys, shows that respondents have an excellent academic ability. In the lives of the respondents are the most important thing is to establish relationships with other people and build family relationships.

As social beings, we are very reasonable that people have a desire to make excellent communication. Respondents who are sociable and have excellent communication skills. Barriers faced by respondents in solving life's purpose or studies over the dense agenda as a student researcher viewfinder observation mission in respondents often home late from school because respondents have additional duties to keep laboratory counseling. During the study, respondents X from primary school to college always get a scholarship or reduction in carrying out surveys, shows that respondents have an excellent academic ability. In the lives of the respondents are current; the most important thing is to establish relationships with other people and build family relationships. As social beings, we are very reasonable that people have a desire to make excellent communication.

Respondents who are sociable and have good communication skills. Barriers faced by respondents in solving life's purpose or studies over the dense agenda as student researcher viewfinder observation mission in respondents often home late from school because respondents have additional duties to keep laboratory counseling. During the study, respondents X from primary school to college always get a scholarship or reduction in carrying out surveys, shows that respondents have an excellent academic ability (Thornburg, 2017).

Equanimity

Equanimity perspective of balance in life. On balance, Y respondents can be seen from the views of respondents on the current economic condition. In an economic situation to overcome the pressure of its financial problems. That makes many respondents seek forgiveness and maintain a positive way to assume that the problem is how to get other sustenance. Facing economic challenges make people increasingly seek to draw closer to Allah SWT. Then remember Allah with much feeling will be quiet and the view that the provision could be obtained from a reasonable effort anyway. Receive believes destiny, and the future outlook is positive individuals. Such a positive outlook can make people strive to live as well as possible. Besides the desire to achieve a better future into their motivation for respondents (Haktanir et al., 2018).

The respondent X, this balance can be seen from the individual receiving the life that is being undertaken at this time, especially given the unfavorable economic conditions have long made the respondents feel grateful. This balance is the acceptance that the respondent can make people more relaxed in life. Often individuals who do not have a balance in life may encounter problems in the course of his life. Some individuals cannot accept the severe economic conditions that do things that

violate the law. Still, the respondents did not do this because the respondents saw that life in moderation is a way to achieve peace in life (Cavioni, Zanetti, Beddia, & Spagnolo, 2018).

Self-reliance

Self-reliance belief in yourself and capacity. In this section, Y respondents consider that the respondents have a negative nature. These negative habits appear at certain moments, such as lack of emotional control when conditions are tired. The properties presented in this fair still appear in the individual.

Moreover, when an individual is in poor physical condition. The physical health of the respondents also influences emotional individuals were women, especially, are still in their teens who are likely to have emotional lability as teenagers in general. Respondents perceive that what was said by others against the respondents turned outright. The views of others are essential to use to judge yourself because people live in social dynamics that can not be separated by other individuals. For respondents X based on interviews, respondents X is an individual who has a functional capacity in the sense that not many of the problems caused respondents in the social environment and on the communities where people live. Also, respondents have confidence that what you want to achieve in the future can be achieved if the respondent always keep motivating and passion in trying (Hiveley, 2018)

Existential aloneness

Existential alone an awareness that each individual is unique. For respondents Y, knowledge is reflected by attitudes that can be different from the others in looking at a wide range of issues. In this section, respondents X can disagree with others. But how to present the difference was not directly addressed in the forum is being followed because there is a sense of respect individual to reveal differences in the forum. It can be understood as a way for individuals to not do an open confrontation with the difference that occurs in forum discussions or meetings that are being followed. The uniqueness of the individual can be understood that as a teenager bred very peaceful values instilled in life (Rhoden, 2018).

Discussion

Resilience is a study that discusses the individual's ability to bounce back when faced with problems that were to happen to that individual. Resistance is a stable personality trait that is characterized by an individual's ability to bounce back from a negative experience and knowledge to adapt to changes in life that constantly. This study focuses on the resilience of students receiving BIDIK MISI . Research students receiving BIDIK MISI resilience is influenced by several factors such as family, relativity, meaningfulness of life and the purpose of life of individuals, media, and peers, this is in line with research results from Bonano, et al. in his research found that the factors that influence the resilience of them are gender, age, race, education, trauma, income, social support, the frequency of chronic diseases, the pressures of life past and present. Other factors that contribute to the development of resilience is individual self-efficacy, says that self-efficacy may lead to different behavior between individuals with the same ability as self-efficacy influences the choice, purpose, alleviation problem, and persistence in the attempt.

Viewed this perspective, the ability of individuals and individual tenacity in trying to resolve the issue and is closely associated with the knowledge of their self-efficacy. In addition to other factors, self-efficacy is no less significant in supporting resilience individual or family is a network of family support. In this study, support a huge family to contribute to the development of individual resilience, Resilience research respondents in this study can also be seen from the opinion Wagtail. Which considers that five personal resilience characteristics are meaningful, Perseverance, patience, self-reliance, and existential aloneness (Cavioni et al., 2018).

Refers to a pattern of individual adaptation positive in the face of problems that occur, at least two conditions to reflect the resilience of individuals in adapting. Such as (a) the readiness of

individuals to change issues that have arisen and (b) individual's ability to continue function as a human being the face problems".

The functioning of the individual is essential when you have a problem. Individuals who work well will quickly adapt to the matter at hand, optimism, order to survive when facing a problem. Life experience survey respondents who are not ideal economic conditions have made as an individual respondent's tough in life. The positive outlook of respondents to the financial problems that occurred makes respondents had to define the purpose of life, and there is no doubt that family support is essential for the formation of individual resilience (Pichurin, 2015).

Conclusion

Many factors determine that individual resilience, factors supporting the dominant resilience individual in this study is the family factor. Awareness and acceptance of family economic conditions can make people think realistically in your life as a student. Moreover, the motto in the presence of respondents Y and X, which looked "when others can then I was able to" encourage individuals to seek optimal in its role as a student.

Funding

The authors have no funding to report.

Acknowledgments

The authors have no support to report.

References

- Cavioni, V., Zanetti, M. A., Beddia, G., & Spagnolo, M. L. (2018). Promoting Resilience: A European Curriculum for Students, Teachers, and Families. *Resilience in Education*, pp. 313–332. https://doi.org/10.1007/978-3-319-76690-4_18
- Haktanir, A., Watson, J. C., Ermis-Demirtas, H., Karaman, M. A., Freeman, P. D., Kumaran, A., & Streeter, A. (2018). Resilience, Academic Self-Concept, and College Adjustment Among First-Year Students. *Journal of College Student Retention: Research, Theory & Practice*, p. 2147483647. <https://doi.org/10.1177/1521025118810666>
- Hively, M. T. (2018). Male college students' accounts of their resilience from risky behaviors during adolescence: a qualitative analysis. <https://doi.org/10.31274/etd-180810-18>
- Newcomb, M. A. (2018). Recognizing resilience: Understanding how childhood adversity impacts undergraduate social work and human services students. <https://doi.org/10.5204/thesis.eprints.116194>
- Pictures, V. V. (2015). The strength of students and their readiness for professional functioning. *Physical Education of Students*, Vol. 19, pp. 38–43. <https://doi.org/10.15561/20755279.2015.0305>
- Rhoden, S. (2018). Building Trust and Resilience Among Black Male High School Students. <https://doi.org/10.4324/9781315159089>
- Seo, Y. J. & Lim, S. O. (2016). A Study on Effectiveness of Transactional Analysis Group Program on Self-Efficacy and Recovery Resilience: Targeting School Maladjusted Middle School Student. *Korean Academy Welfare Counseling*, Vol. 5, pp. 167–189. <https://doi.org/10.20497/jwce.2016.5.2.167>

Taufik, T., & Ifdil, I. (2016). The resilience of the high school student's post-disaster in west Sumatra Indonesia based on gender. *SHOULD: Indonesian Journal of School Counseling*, Vol. 1, p. 20.
<https://doi.org/10.23916/schoulid.v1i1.34.20-27>

Thornburg, D. G. (2017). International Perspectives On Trauma And Resilience Among Immigrant Students.
<https://doi.org/10.15405/epsbs.2017.10.30>

Vahanvati, M. (2017). Participation for Disaster Resilience. *Community Engagement in Post-Disaster Recovery*, pp. 66–88. <https://doi.org/10.4324/9781315534213-6>