

### **Review Article**

# Role In Developing The Planning Career Counselors Prisoners Of Youth

Afdal Afdal\*a, Elviana Elvianaa, Alizamar Alizamara

[a] Faculty of Education, University of Padang

## Abstract

Adolescence is a period of transition from childhood to adulthood. During its development tasks, teenagers Often fall into the negative direction, causing them to commit acts that violate the law so that sanctions in the form of punishment. One of the developmental tasks that a teenager has to go through is the task of choosing and planning for a job/career for the future. However, the conditions faced by adolescents within the Penitentiary Including the lack of information about careers made by juvenile inmates make it difficult, for them to do career planning for Reviews their futures. This paper discusses the role of counsellors in helping career planning of Juvenile Prisoners.

Keywords: Counsellor, Career Planning, Young Prisoners.



## Introduction

Teen is an age of transition from childhood to adulthood. In the span of \ of society. The paradigm of ex-inmates as the "dregs of society" that still often occurs in the community. As a result, a person's status as inmates often, he felt his life was useless. Social stigma regarding prisoners and also the effect of causing a sense of imprisonment not hopeless and useless emerging and developing of guilt and contempt for inmates, which in turn creates instability in your personal life, family, work and education.

Joseph (2006) explains that youth employment is something that is socially recognized as a means of (direct/indirect) to meet the satisfaction of the various needs that are not fully satisfied in the past. Work to develop a feeling of acceptance in society, obtaining something desirable and achieve life goals. To be able to do that, then teenagers must learn to develop and maximize its potential, both in the cognitive, affective, psychomotor and conative. This condition must be valid for the student's prisons Kids or Kids Special Development Organization (LPKA). That is, children who are undergoing training in LPKA need to prepare for the future, especially after undergoing training in LPKA including in the field of career/job,Ignorance of the juvenile (in this case the prisoner) is inseparable from the lack of information and knowledge acquired by teens about the details of the career issues (Afdal, 2015; Afdal, A., Suya, M., Syamsu, S., & Uman, U., 2015). Information or knowledge about these careers can be given through the Career Guidance services. Afdal (2015) explains that career guidance is one of the guidance that seeks to help individuals in career solving problems, to adapt as well as possible between the ability of the environment of life.

This paper discusses the basic concepts of career development and business career planning counsellor in helping juvenile inmates.

#### CAREER AND CAREER GUIDANCE

Getting a decent career or job is the right of all people on this earth, whoever and wherever he is. As stated in the 1945 Constitution article, 27 paragraph (2) that every citizen has the right to work and a decent living for humanity. Getting a decent career or job, and as expected, also one of the most important aspects of a healthy human life wherever and whenever they are. Work has become a necessity to live in this world for everyone. Work becomes an essential factor for survival even further is a career in life.

Zunker (in Suherman, 2009) explains that career refers to the activities associated with an individual's lifetime of work. According to this understanding is the overall career progression and activity undertaken by a person during its life span (life), which are specifically associated with occupational, In more detail, Joseph (2002: 29) defines that career, not just a job, nor occupation. Jobs include preoccupation, occupation and post-occupation during life someone. Career is a sequence/order of position / main job (major) occupied by someone from adolescence to retirement, the life span. Based on this, a career evolved throughout human life.

In guidance and counselling services to help individuals achieve career success was given career guidance. Ali & Graham (2001: 1) explains that career guidance (career guidance), is "effective career guidance is a process which aims to equip individuals with a clearer understanding of themselves and their potential for future career development". Based on these opinions explained that career guidance is a guidance process which aims to equip individuals with a clear understanding of themselves and their potential for future career development. In line with this definition, Herr & Cramer (Afdal, 2015: 17) explains that career guidance is a process of helping people to understand themselves, accept themselves at the same time to adjust to the world of work.

In addition to equipping individuals with the understanding of self and the potential for career development in the future, Winkel & Hastuti (2004: 114) adds that career guidance is guidance in preparing for the world of work, in choosing employment or position / particular profession as well as to prepare themselves to be ready took up his post, and in adapting to the demands of the job service entered.

Based on the understanding described above, it is known that the purpose of the existence of this career guidance that helps individuals to recognize and develop the potential of its career. Furthermore, career guidance as a whole counselling process has benefits enjoyed by its clients in reaching out and create independence in choosing careers that match his abilities. Walgito (2010) formulated the goal of this career guidance that is for the individual: (1) to understand and assess themselves, particularly with regard to the potential that exists within him regarding the abilities, interests, talents, attitudes and ideals; (2) recognize and understand the values that exist in themselves and that there is in the development of society; (3) determine the types of jobs related to the potential that exists within him, determine the types of education and training needed for a particular field as well as understand the business relationship he was now about the future; (4) find barriers that may arise, caused by himself and environmental factors, as well as find ways to overcome those barriers, and (5) individuals can plan for the future, as well as finding a career and life matching or corresponding.

#### CAREER PLANNING

Everything we do in order to run correctly, not necessarily occur instantaneously, but through a continuous process. To be able to run well what we want, and we hope to achieve objectives effectively and efficiently, it takes the name of a plan. Similarly, in a career, so that the goals we want to pursue a career reached then we need something that we call the planning, in that it is planning a career.

Munandir (1999: 208) states that career planning is a picture of a person based on the activity of self-understanding and understanding of the environment to enter an order of life in a particular community ever-changing development. Furthermore, Santamaria (1991: 7) explains that: "career planning is deliberate process of knowing and understanding ourselves better; Becoming aware of

opportunities, choices and the consequences of our choices; identifying options; making decisions about options; developing goals and action plans that will keep us moving in the direction we want to go; and programming work, education and related training and development experiences ".

The opinions above illustrates that career planning is a process that begins by getting to know and understand ourselves; then realize their opportunities, and a variety of choices with all its consequences; identify options; make decision; develop goals and make plans that work to keep us from moving in the direction of the desired objectives; to make the program work, education and appropriate training and developing experience. In simple terms, it can be said that career planning is the process of understanding what and who we are, and for sure we understand where we are going and what we want for our future.

Career planning is not an instant process, but is a long-term and complicated process, where Dillard (1985) suggested that "career planning is lifelong". In line with this Hollis (in Zen, 1999: 27) also stated career and life planning is a life-long pursuit. Furthermore, Santamaria (1991: 7) also explains that "career planning is not a one-time event or something we think we should do only once... It is a long process ". It is clear from the opinion of career planning is not an activity that is performed once so or something that is done only once, but career planning is a long process and occurs throughout the life span.

## PRISONERS OF YOUTH AND GUIDANCE AND COUNSELING SERVICES

Adolescence is one of the stages or phases of human development. WHO (Sarwono, 2012), explains that adolescence is a time when people evolved from the first time he showed signs of secondary sexual until she reaches sexual maturity; individuals experiencing psychological development and the identification of patterns of children reach adulthood; a shift from full socio-economic dependence to the state of a relatively more independent. In the span of several changes and developments within the individual that covers developments in the biological, psychological, moral, and religious as well as changes related to psychosexual development, and also changes in relationships with parents and their ideals.

Particular tasks in the areas of career development, Herr, Cramer & Niles (2004: 414) explains that "goals for career development in adolescent in career planning is; skills to make-decisions, skills in career planning ". From this, it is understood that the teenager claimed to have the ability to make decisions and the ability to make career planning.

During the period of adolescent development that many changes and developments, often teenagers fall into a negative direction, where they perform actions that they should not do or perform deviant behaviour. Deviant behaviour can be regarded as the delinquency defined by Sarwono (2012: 252) as an act by a person who intentionally violates minors' law and known by the child itself that the deed was known to law officers he could wear punishment.

Deviant behavior or delinquency in the form of wear and distributing narcotics, extortion and threats, rape, murder, assault, theft, robbery, sexual assault, possession of firearms, gambling, and embezzlement, which is usually affected by several factors such as negligence of parents in educating, disputes or conflicts of parents, divorce of parents, family economic life of the less well off, living unemployed, less able to take advantage of free time, a negative association, and so forth. Such cases are a typical underlying cause of a teenager into the house of detention for including unlawful conduct and sanctioned form of punishment.

Under Article 1, paragraph (7) of Act No. 12 of 1995 concerning Corrections, inmates are convicts serving the lost criminal independence in Penitentiary. According to Article 1 (6) of Law No. 12 of 1995 concerning Corrections, the convict is someone who is a criminal based on court decisions that have obtained permanent legal force. From these statements, it can be concluded that a prisoner is a person or convict who is serving his sentence at the Correctional Institution where independence is lost. In this more specialized to inmates adolescence which in legal terms is called the Criminal Children are children under a court decision a sentence in prisons most extended Children until the age of 18 (eighteen) years (Law No. 12 of 1995).

In helping teens develop a career planning counsellor can perform a series of guidance and counselling services. Programs that can be done by counsellors refer to the opinions Afdal (2015), which implies four components in helping people plan for a better career future will come, namely (1) the self-understanding, (2) understanding the environment, (3) the formulation of options and (4) action plan.

The program referred to can be described as follows: (1) self-understanding, includes guidance will be a variety of abilities, namely the understanding of general intelligence, unique intelligence / special talents, skills, hobbies, interests, personality traits, physical state, academic achievement, values of life and ideas; (2) understanding the environment, encompassing understanding of the various environments that support / hinder the work in the future, which consists of an understanding of the family, society and work environment; (3) formulate options, covering landing juvenile inmates to have the ability to formulate options through setting goals (goal setting), clarification of values (values clarification), generate alternatives (generating alternatives),

## **Result and Discussion**

### Conclusion

Adolescence is a time of transition from the age of children to adulthood. During his adolescent development tasks often fall to a negative direction that causes them to commit an unlawful act that sanctioned a form of criminal punishment. A teenager must pass one of the tasks of development is the task of selecting and planning the work/career for the future. However, various conditions faced by teenagers who were in the Correctional (prisons) including a lack of information about careers in the can by juvenile inmates, causing them trouble to plan for their future careers.

The above conditions indicate that counsellors as experts in guidance and counselling services which can be done in a variety of settings educational institutions, as well as in schools, families, communities, organizations, industry and other institutions has a significant role to inmates adolescents as subjects targeted care services in development to live his life from various facets of life, both during and after serving prison time outside of the correctional institution — one of them in the areas of career development, career planning, in particular.

The role of counsellors in helping plan Inmates career teenagers can be grouped into four implementation activities: (1) understanding of themselves, (2) understanding the environment, (3) the formulation of options and (4) the formulation of an action plan.

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