

Research Article

Logotherapy Counseling to Improve Acceptance of Broken Home Child

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Abstract: This study aims to increase the enrollment of children of a broken home that life has meaning. Subjects are 100 children in Demak whose families experiencing divorce. Research themes include three things: individual counseling, engineering logotherapy, reception, and a child of a broken home. Data obtained based on interviews, observation, and the psychological scale showed that of the 100 children of a broken home has a low acceptance that individual counseling with logotherapy techniques was considered appropriate to increase the enrollment of children of a broken home. Factors - factors that affect the acceptance of a child of a broken home is self-blame, anger and did not have a purpose in life again. Also, the environment is also a significant effect on the enrollment of children of a broken home. Environmental labeling of families experiencing divorce as a family that failed so that children are increasingly stressed with the stamp of the community. Based on the field test results, the level of acceptance of the child of a broken home increase after the individual is given counseling services with logotherapy techniques. Indicated by changes in the level of acceptance of children of a broken home before being given treatment (initial evaluation) and after (final evaluation) of 130 points. The results of effectiveness test statistic t test calculations also showed $0,010 < 0.05$. It was concluded that counseling individuals with logotherapy effective technique to increase the enrollment of children of a broken home

Keywords: individual counseling; logotherapy techniques; children; broken home

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INTRODUCTION

Marriage aims to establish a prosperous and a happy family together forever and also to obtain offspring or children and keeping away from the Haram. The presence of children in a family is also considered to give an added value, because the child is deemed able to increase domestic harmony, especially between husband and wife, the family will be more lively and calm with the presence of children. For some people who are still holding strong norms and customs, the child is seen as the successor to the family, the family crown even the most precious treasure because it is considered as the heir of the family.

However, if the family can no longer unite because of differences in principle of life and divorce is the answer, then the child victim. Kids are staying - Gadang be the successor to the family would turn out to be victims because of family. Some children receive, but more children who do not receive. Rejected expression was done by angry, went out of the house, smoking, promiscuity, do not go to school and do the crime. If this leaves continuously, the child's potential will be lost due to appear negative behavior, the impact on this nation is going to lose prospective candidates for the nation's future potential in building this nation.

The result of research interviews with 100 children who experienced divorce on June 5, 2016, shows that a child of a broken home are desperate to learn his parents divorced, preferring to shut himself in the house and to limit the association. Based on the results of the interview can be concluded that the child of a broken home originally had a meaning of life is lacking because the child of a broken home takes time to be able to accept the situation. The circumstances in which a child of a broken home are aware of and able to accept the conditions of divorced parents is the beginning of the emergence of the meaning of life. Child of a broken home feels compelled by the motivation to continue living.

The cause of the mental burden does not only arise from within the child of a broken home, but the cause is also sourced from outside, mainly due to the limited economic capacity, and pressure from the public who believe less precise about the child of a broken

home. Faced with such conditions child of a broken home needs to have an optimistic attitude, tough, resilient, spirit, responsible, and hopeful. Therefore a child of a broken home needs to build expectations and accept the fact that her parents had divorced. Kids broken home who are not able to deal with the issue, they will be confused and become despondent. But not so with the child of a broken home who has a passion and a high acceptance. They will find the information needed for their future.

The meaning and purpose of human life is the foundation that is ready to face any burden. Without a clear meaning and purpose, he will oscillate in the current game to confuse himself. Likewise, the child of a broken home must have a meaning and purpose of life is clear. Bastaman (2007: 50), states that hope to make life more meaningful. Hope though not necessarily become a reality provides an opportunity and solutions as well as a new destination that raises the spirit and acceptance. People who are hopeless always shown a positive attitude towards the future, confident and optimistic can achieve a better life in the midst of despair. The question is whether individual counseling with therapy logo technique can increase a child's acceptance of a broken home

According to Prayitno and Amti (2004: 288) argues that individual counseling services (individual) are a special service in direct face to face relationship between counselor and client, in a relationship that is a problem the students themselves. This can be realized with the improvement and refinement. According to Willis (2004: 35) gives the sense of individual counseling services is the assistance provided by the counselor to a student with the goal of developing students' potential, able to cope with the problem alone, and can adapt positively. According Thantany (2005: 44) that the individual counseling service to help individuals or clients the opportunity to restriction and alleviation of the problem. Meanwhile, according to Prayitno and Amti (2004:

While logotherapy is a type of psychotherapy that was developed by Emile Viktor Frankl (1905-1997), a neuropsychiatrist descended from Vienna Austria who in 1942 was detained by the Nazi army in four

concentration camps at that time known as camps very dangerous for the life of a prisoner. So from the suffering experienced while in the concentration camp Frankl produces a work of psychotherapy today become one of the pillars of psychology and much practiced in the world of health and education namely logotherapy.

Logotherapy derived from the Greek consisting of two words, namely the word "Logos" meaning of meaning (meaning) and spiritual (spiritually), and the word "treatment" means treatment. Thus, logotherapy is a psychotherapy that recognizes the dimension of spirituality in man besides the dimensions of physical and mental health as well as the thought that the meaning of life (the meaning of life) and the desire to live a meaningful (logotherapy) (the will to meaning) is the main motivation of man in order to achieve the level of meaningful life (the meaning of life) is desired (Bastaman, 2007). According to Rogers, acceptance is the basis for every person to be able to accept the reality of his life, all experiences, good or bad of a person requires the respect and appreciate the situation without conditionality.

METHOD

The final goal of this study was to determine the effectiveness of individual counseling logotherapy to increase the enrollment of children of a broken home. Here, researchers use experiments in the form of Pre-Experiment design, where the experiment is an experiment that no real or pretended trial, The research does not meet the requirements as a way to say experiment scientific follow certain regulations. In this study using research design one group pre-test and post-test. The researchers used a total population of respondents, Researchers provide individual counseling premises logotherapy technique ten times against respondent.

According to Arikunto (2006: 309), a data analysis technique is a method used to process research data to derive a conclusion. Engineering data used to determine the effect of individual counseling services to increase the enrollment of children logotherapy broke home. The mechanical T test was used to test significant differences in means.

RESULT AND DISCUSSION

Based on test results obtained with SPSS for direct evidence variable, the value of $t = 2.722$ with a significance level of 0.008 . By using the 0.05 limit, the obtained value of t table with $df = 96$ is equal to 1.6609 .

Thus obtained t count (2.287) $>$ t table (1.6609) so H_a is received and reject H_0 , It can be concluded that the hypothesis that individual counseling active and significant effect on the increase in the enrollment of children of a broken home or theory is proven. Directions positive regression coefficient of 0.213 states that every individual counseling logotherapy technique, then the child's acceptance of broken home increases.

Based on the analysis of the implementation process of experimentation that was developed and the results achieved by the respondent to prove that the individual counseling services with logotherapy effective technique to increase the enrollment of children of a broken home in Demak. An indication of the success of the implementation process of the services can be seen from the role carried out by the counselor and respondents at each stage, both stages of formation, transition, activities, and termination at the stage where the counselor activities. Implementing stages of logotherapy so internalized well against all the respondents. While the effectiveness of the service is evidenced from the acceptance scale which shows the increase of the results of the initial evaluation and the final evaluation of the score of total revenue.

The increase in the enrollment of children of a broken home is by 55 points or equal to 30.00% . Based on the calculation t test number significance value of $0.005 < 0.05$ so that H_a H_0 accepted and rejected. Therefore it can be concluded that the individual counseling services with logotherapy techniques to increase the enrollment of children of a broken home in Demak. By doing activities through games, media, meditation movie, drama, worship and turn on the dynamics of effective counseling to increase the enrollment of children of a broken home in Demak.

As has been demonstrated empirically that individual counseling experiment with logotherapy technique by conducting through the game and turn on the dynamics of the

counseling, is an effective experiment to increase the enrollment of children of a broken home. Experiments were, therefore, means giving individual counseling services with a good logotherapy technique, the better it in increasing the enrollment of children of a broken home.

A child of a broken home often shows a certain emotional reaction. The emotional reaction is shocking, feeling rejected the circumstances, feeling sad, anxious, angry, and to eventually be able to adjust to accept the situation Mangunsong (2011: 163). Circumstances when the child of a broken home can be aware and can accept his condition as a starting point the desire for a meaningful life. Their desire to have to mean in his life (logotherapy) will make the child of a broken home fills her days with activities that have benefits for himself.

The desire to live a meaningful (logotherapy) are met will bring meaningful life so that happiness despite the broken home children have parents who are divorced and if that desire is not fulfilled, the child of a broken home will feel life is meaningless. Child of a broken home who can understand the meaning of life will try to beatify him of the feeling of emptiness and despair in everyday life.

Happiness obtained child of a broken home is the result of the efforts and hard work that is done by running the meaningful activities. The meaningfulness of life felt by children broken home is not achieved easily, but there are factors supporting. Supporting factors to achieve meaningfulness of life are the values of creativity (creative), value appreciation and the value of being. Creative value can be demonstrated by conducting activities that benefit is to work, work and duties as well as possible with full responsibility. Through work and work, one can find the meaning of life and into the lives significantly. The values can also affect a person's appreciation to be able to reach the meaningfulness of life. The values of the appreciation of the confidence and appreciation of the value-nil truth, wisdom, beauty, faith, religion, and love. Child of a broken home who believes and live the values that can make life meaningful. Another factor that supports the achievement of the meaningfulness of life are the values of attitude, values being

characterized by receiving with great fortitude, patience, and courage in accepting all forms of suffering that can not be avoided.

Child of a broken home can be said to have a meaningful life when all three components of the meaningfulness of life were fulfilled. The three components are free will, the desire to live a meaningful (logotherapy) and the meaning of life. Child of a broken home has the freedom to determine his position, both for his family and even for himself, of liberty, must be accompanied by responsibility.

Child of a broken home also has the freedom and ability to change the conditions of life to achieve a higher quality of life. The next component is the desire for a meaningful life. The desire to live a meaningful (logotherapy) will encourage children to engage in a broken home that she lived life becomes more meaningful. That desire can be a motivation so that the child of a broken home will make every effort to meet the needs of himself to develop optimally to maximize its capabilities. The meaningfulness of life of the last component is the meaning of life. The meaning of life will give a special value to the child of a broken home because with the meaning of life the child of a broken home would have ideals, purpose in life is clear and directed to him.

CONCLUSION

Service individual counseling techniques logotherapy effective to increase the enrollment of children of a broken home on all the indicators covering: indicate acceptance and provide positive feelings, to establish communication is maintained, listen with an open mind to a problem, sincere, accept limited there, support and love, love unconditionally.

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